

Herefordshire Cross Country League 2018-

2019

RACE 4	<u>FFOREST FIELDS - WOMEN</u>	Date <u>3rd. Feb. 2019</u>
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<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat.</u>	<u>Time</u>
1	Amy Fulford	Ludlow Runners	FV40	49.21
2	Holly Gourley	Ledbury & District Harriers	FV35	50.23
3	Alice Godding	Ludlow Runners	S.F.	50.34
4	Jo Rees	Rhayader R.C.	FV40	50.35
5	Bethan Logan	Hay Hotfooters	S.F.	51.48
6	Kelly Bowen	Croft Ambrey R.C.	S.F.	52.38
7	Sarah Christensen	Hay Hotfooters	FV35	53.42
8	Aderyn Carter	Hay Hotfooters	J.F.	53.53
9	Jodie Newell	Wye Valley Runners	S.F.	54.13
10	Gemma Mallett	Croft Ambrey R.C.	S.F.	54.28
11	Jacqui Loxam	Maldwyn Harriers	FV40	54.47
12	Clare Mallender	Hereford Couriers	FV40	55.30
13	Sarah Cordingley	Maldwyn Harriers	FV35	56.47
14	Hannah Watkins	Hereford Couriers	S.F.	56.54
15	Jane Hayde	Wye Valley Runners	FV35	57.53
16	Steph Main	Croft Ambrey R.C.	FV45	58.06
17	Cath Watkins	Wye Valley Runners	FV40	58.56
18	Kerry Wathen	Hereford Couriers	FV40	59.07
19	Jo Marriott	Croft Ambrey R.C.	FV50	60.00
20	Lynne Compton	Wye Valley Runners	FV50	60.40
21	Sharon Lindesay	Hay Hotfooters	FV45	61.13
22	Gunvor Troelsen	Builth & District R.C.	FV50	61.22
23	Suzanne Rowlands	Maldwyn Harriers	FV40	61.29
24	Rachel Butler	Maldwyn Harriers	FV55	61.42
25	Lucy Wilding	Croft Ambrey R.C.	S.F.	62.14
26	Jenny Papworth	Hereford Triathlon Club	FV45	62.23
27	Kate Mills	Builth & District R.C.	S.F.	62.38
28	Samantha Harper	Croft Ambrey R.C.	FV40	62.57
29	Jan Edwards	Wye Valley Runners	FV60	63.27
30	Tina Cartwright	Ludlow Runners	FV60	64.15
31	Emily Davies	Wye Valley Runners	FV35	65.18
32	Rebecca O'Shea	Maldwyn Harriers	FV45	65.25
33	Flora Gunner	Croft Ambrey R.C.	FV55	65.52
34	Charlotte Godsall	Hereford Triathlon Club	FV40	66.02
35	Liz Davies-Ward	Hereford Triathlon Club	FV55	66.54
36	Julie Caseley	Malvern Joggers	FV55	66.58
37	Christine Dowse	Builth & District R.C.	S.F.	66.59
38	Jill Hillman	Maldwyn Harriers	FV60	69.42
39	Sophie Blandford	Ledbury & District Harriers	FV35	69.59
40	Catherine Bradley	Maldwyn Harriers	FV35	70.06
41	Sahrah Wilding	Presteigne Pacers	FV50	71.28
42	Terri Jones	Maldwyn Harriers	FV55	72.20

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43	Tina Lavelle	Hay Hotfooters	FV60	73.50
44	Ann Baskeyfield	Ludlow Runners	FV55	73.54
45	Alison Benwell	Ludlow Runners	FV55	76.21
46	Louise Reeves	Croft Ambrey R.C.	FV40	77.56
47	Susannah English	Hay Hotfooters	FV60	79.06
48	Cath Ealy-Fitzgerald	Rhayader R.C.	FV45	79.30
49	Gemma Davies	Croft Ambrey R.C.	FV35	80.55
50	Sian Lewis	Builth & District R.C.	FV35	81.59
51	Izzy Watts	Builth & District R.C.	FV40	81.59
52	Anita Thomas	Builth & District R.C.	FV40	81.59
53	Sybil Marsh	Ludlow Runners	FV70	86.25
54	Caroline Orrells	Maldwyn Harriers	FV60	88.52
55	Georgina Fletcher	Maldwyn Harriers	FV55	88.53
56	Carrol Stocker	Presteigne Pacers	FV60	98.02