

# Herefordshire Cross Country League 2018-

<b>RACE 4</b>	<b><u>FFOREST FIELDS - MEN</u></b>	<b>Date</b> <span style="float: right;"><b>3rd. Feb. 2019</b></span>
---------------	------------------------------------	--

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	Tim Iveson	Builth & District R.C.	S.M.	40.41
2	Joseph Murray	Maldwyn Harriers	S.M.	40.55
3	Jonny Pugh	Builth & District R.C.	S.M.	41.50
4	Mike Pfeiffer	Builth & District R.C.	MV50	42.20
5	Mark Lamonby	Croft Ambrey R.C.	S.M.	42.44
6	Andy Fisher	Hereford Triathlon Club	MV45	43.54
7	Gavin Jones	MonRoss Trailblazers	S.M.	44.30
8	Christian Jones	Wye Valley Runners	MV45	44.45
9	Martin Copus	Maldwyn Harriers	S.M.	45.12
10	Tom Grady	Hereford Couriers	S.M.	45.26
11	Steve Flowers	Wye Valley Runners	S.M.	46.06
12	Will Maul	Hereford Couriers	S.M.	46.24
13	Peter Nugent	Wye Valley Runners	S.M.	46.25
14	Ben Bowen	Builth & District R.C.	S.M.	46.33
15	Hefin Rowlands	Maldwyn Harriers	S.M.	46.41
16	Dan Lewis	Wye Valley Runners	MV40	47.07
17	Ross Cameron	Hereford Couriers	J.M.	47.11
18	Craig Collier	Ludlow Runners	S.M.	47.16
19	Adrian Taylor	Presteigne Pacers	MV45	47.25
20	Richard Williams	Wye Valley Runners	S.M.	47.35
21	Andy Stephens	MonRoss Trailblazers	MV40	47.46
22	Steven Hepton	Builth & District R.C.	MV40	48.19
23	Glyn Williams	Croft Ambrey R.C.	MV45	48.23
24	Jeremy Jehan	Wye Valley Runners	MV45	48.29
25	Ian Whistance	Wye Valley Runners	MV45	49.06
26	Lee Price	Builth & District R.C.	MV45	49.34
27	Will Gore	Croft Ambrey R.C.	S.M.	49.45
28	Edward Davies	Maldwyn Harriers	MV60	50.03
29	Gareth Davies	Maldwyn Harriers	MV50	50.26
30	Ryan Lawrence	Hereford Couriers	S.M.	50.38
31	Richard Bullas	Builth & District R.C.	S.M.	50.53
32	Chris Law	Ledbury & District Harriers	MV50	50.56
33	Mark Warren	Ludlow Runners	MV55	51.02
34	Neil Grinnell	Ledbury & District Harriers	MV40	51.08
35	Richard Edwards	Builth & District R.C.	S.M.	51.19
36	Matt Ansfield	Hereford Triathlon Club	MV40	51.27
37	Martin Carter	Hay Hotfooters	MV50	51.58
38	Paul Baskeyfield	Ludlow Runners	MV55	52.01
39	Dave Williams	Hereford Couriers	MV55	52.05
40	Brian Morgan	Hay Hotfooters	MV50	52.24
41	Kevin Jones	Maldwyn Harriers	MV40	52.32
42	Darren Hughes	Builth & District R.C.	MV45	52.40
43	Michael Murray	Maldwyn Harriers	S.M.	52.56
44	Tom Thorneycroft	Hay Hotfooters	MV40	53.13
45	Mike Link	Hereford Couriers	MV45	53.24
46	Martin Green	Maldwyn Harriers	MV60	53.37
47	Paul Mammatt	Hereford Triathlon Club	MV50	53.46
48	Steve Mesham	Presteigne Pacers	MV45	53.49

# Herefordshire Cross Country League 2018-

<b>RACE 4</b>	<b><u>FFOREST FIELDS - MEN</u></b>	<b>Date</b> <b>3rd. Feb. 2019</b>
---------------	------------------------------------	-----------------------------------

<b><u>Pos</u></b>	<b><u>Name</u></b>	<b><u>Club</u></b>	<b><u>Cat</u></b>	<b><u>Time</u></b>
49	David Elks	Ledbury & District Harriers	S.M.	54.27
50	Andy Taylor	Hereford Triathlon Club	MV45	54.52
51	Ashley Robinson	Croft Ambrey R.C.	MV65	54.58
52	Steve Herington	Hereford Couriers	MV70	56.10
53	Neil Taylor	Croft Ambrey R.C.	MV60	56.12
54	Iain Hutchinson	Hereford Triathlon Club	S.M.	56.24
55	David Manuel	Maldwyn Harriers	MV45	56.40
56	Lee Monks	Ludlow Runners	S.M.	56.44
57	Andrew Sherlock	Maldwyn Harriers	MV45	57.19
58	Chris Payne	Hereford Triathlon Club	MV55	57.44
59	Paddy Nugent	Wye Valley Runners	MV55	58.02
60	Ian Price	Croft Ambrey R.C.	MV70	58.09
61	Clive Richardson	Ludlow Runners	MV60	58.53
62	Piotr Strzesak	Presteigne Pacers	MV60	59.30
63	Jeff Kay	Hay Hotfooters	MV60	59.36
64	Brent Lawson	Wye Valley Runners	MV55	59.41
65	Alun Jenkins	Rhayader R.C.	MV55	59.52
66	Scott Hardie	Croft Ambrey R.C.	S.M.	59.53
67	Chris Padfield	Ledbury & District Harriers	MV40	59.59
68	John Brentnell	Ludlow Runners	MV55	60.34
69	Shane Sullivan	Builth & District R.C.	S.M.	60.40
70	Ifan Jones	Maldwyn Harriers	MV50	60.58
71	Peter Ramsey	Hereford Couriers	MV40	61.41
72	Phil Johnson	Ledbury & District Harriers	MV50	62.00
73	Gary Godsall	Hereford Triathlon Club	MV45	62.19
74	Peter Cartwright	Ludlow Runners	MV60	62.29
75	Andrew Mason	Hereford Triathlon Club	MV40	62.33
76	Chris Copus	Maldwyn Harriers	MV60	63.06
77	Ian Foster	Hereford Triathlon Club	MV45	63.28
78	Steve Orrells	Maldwyn Harriers	MV65	63.31
79	Kevin Barnes	Hereford Couriers	MV55	64.05
80	Martin Flowers	Wye Valley Runners	MV60	64.09
81	Mike Shaw	Hereford Triathlon Club	MV65	64.35
82	Gary Gunner	Croft Ambrey R.C.	MV70	64.59
83	Saul Phillips	Ludlow Runners	S.M.	65.26
84	Guy Whitmarsh	Croft Ambrey R.C.	MV70	65.55
85	Brian Symonds	Wye Valley Runners	MV75	66.13
86	Rob Wood	Croft Ambrey R.C.	MV60	66.15
87	Dan Jones	Builth & District R.C.	S.M.	66.21
88	Sandy Ross	Ludlow Runners	MV65	68.56
89	Martyn Rosser	Hay Hotfooters	MV65	70.34
90	Nick Paviour	Croft Ambrey R.C.	S.M.	71.04
91	John Price	Hay Hotfooters	MV60	72.01
92	Gareth Morris	Builth & District R.C.	MV50	74.47
93	Ralph Lloyd	Wye Valley Runners	MV55	75.03
94	Bill Griffiths	Wye Valley Runners	MV65	75.28
95	Tom Davies	Croft Ambrey R.C.	MV70	77.30
96	Peter Smith	Wye Valley Runners	MV70	80.20