

Herefordshire XC Summer League 2018**Race 2 ABBEY DORE****27th. June 2018****Female runners names are marked ***.**

Pos	Name	Club	Cat	Time
1	Jonny Pugh	Builth & District R.C.	S.M.	33.41
2	Matt James	Hereford Couriers	S.M.	34.37
3	Sam Mayglothling	Wye Valley Runners	S.M.	35.14
4	Barry Reynolds	Hereford Couriers	MV45	35.18
5	Mark Lamonby	Croft Ambrey R.C.	S.M.	35.27
6	Oscar Dickens	Ludlow Runners	S.M.	35.28
7	Luke Gray	Monross TrailBlazers	S.M.	36.19
8	Andy Stephens	Monross TrailBlazers	MV40	36.38
9	Steve Flowers	Wye Valley Runners	S.M.	37.08
10	Bobby Pritchard	Monross TrailBlazers	S.M.	38
11	Dan Lewis	Wye Valley Runners	MV40	38.11
12	Stafford Rees	Rhayader R.C.	MV45	38.2
13	Jeremy Jehan	Wye Valley Runners	MV45	38.27
14	Toby Dickens	Monross TrailBlazers	J.M.	38.3
15	Gavin Jones	Monross TrailBlazers	S.M.	38.33
16	Richard Williams	Wye Valley Runners	S.M.	38.54
17	Peter Nugent	Wye Valley Runners	S.M.	38.57
18	Lea Wood	Wye Valley Runners	S.M.	38.59
19	Andy Tyler	Hereford Couriers	MV45	39.04
20	James Morgan	Hereford Triathlon Club	S.M.	39.14
21	Craig Collier	Ludlow Runners	S.M.	39.2
22	Amy Fulford ***	Ludlow Runners	FV40	39.22
23	Andy Taylor	Hereford Triathlon Club	MV45	39.37
24	Richard Bevan	Monross TrailBlazers	MV40	39.55
25	Ian Whistance	Wye Valley Runners	MV45	40.12
26	Edward Davies	Maldwyn Harriers	MV60	40.22
27	Nigel Mason	Croft Ambrey R.C.	S.M.	40.45
28	Darren Broady	Hereford Couriers	S.M.	40.51
29	Simon Williamson	Hereford Triathlon Club	S.M.	41.25
30	Mike Link	Hereford Couriers	MV45	41.25
31	Irina Dale ***	Croft Ambrey R.C.	S.F.	41.49
32	Will Maul	Hereford Couriers	S.M.	41.54
33	Matt Jenneson	Ludlow Runners	S.M.	42.04
34	Alec Harper	Croft Ambrey R.C.	U17	42.1
35	Jake Underhill	Hereford Couriers	MV40	42.12
36	Chris Cleary	Hereford Couriers	S.M.	42.22
37	Laura Tootell ***	Wye Valley Runners	FV40	42.28
38	Will Gore	Croft Ambrey R.C.	J.M.	42.31
39	Ben Skinner	Hereford Couriers	S.M.	42.32

Pos	Name	Club	Cat	Time
40	Dave Williams	Hereford Couriers	MV55	42.39
41	Kelly Bowen ***	Croft Ambrey R.C.	S.F.	42.53
42	Martin Carter	Hay Hotfooters	MV50	43.11
43	Paul Davies	Wye Valley Runners	MV45	43.28
44	Steve Mesham	Presteigne Pacers	MV45	43.33
45	Laura Lelievre ***	Monross TrailBlazers	S.F.	43.37
46	James Taylor	Hay Hotfooters	S.M.	43.38
47	Joseph Manley	Ludlow Runners	J.M.	43.51
48	Sam Weale	Monross TrailBlazers	S.M.	44.06
49	Daniel Spear	Ludlow Runners	S.M.	44.07
50	Steve Herington	Hereford Couriers	MV65	44.33
51	Gemma Mallett ***	Croft Ambrey R.C.	S.F.	44.44
52	Nigel Baker	Monross TrailBlazers	MV55	44.53
53	Dan Pavitt	Ludlow Runners	MV50	44.57
54	Paul Dews	Ludlow Runners	S.M.	45.12
55	Becky Davies ***	Wye Valley Runners	S.F.	45.13
56	Becki Ansfield ***	Wye Valley Runners	FV40	45.17
57	Mark Scrivens	Monross TrailBlazers	MV40	45.24
58	Kevin Artus	Wye Valley Runners	MV40	45.45
59	Neil Taylor	Croft Ambrey R.C.	MV60	45.53
60	Michael Smallwood	Wye Valley Runners	MV50	46.21
61	Paul Smith	Hay Hotfooters	MV40	46.34
62	Emily Hinton ***	Ludlow Runners	FV35	46.36
63	Robert Gilligan	Wye Valley Runners	MV50	46.37
64	Darren Gibbons	Hereford Triathlon Club	S.M.	46.43
65	Thomas Powell	Ludlow Runners	S.M.	46.46
66	Piotr Strzesak	Presteigne Pacers	MV60	46.52
67	Lucy Mason ***	Wye Valley Runners	FV35	46.59
68	Iain Prentice	Ludlow Runners	MV50	47.03
69	David Green	Hereford Couriers	MV50	47.38
70	Clare Mallender ***	Hereford Couriers	FV40	47.47
71	Ryan Crichlow	Wye Valley Runners	S.M.	47.5
72	Vanessa Ball ***	Monross TrailBlazers	S.F.	47.58
73	Bradley Crouch	Malvern Joggers	MV40	48.1
74	Brian Morgan	Hay Hotfooters	MV50	48.17
75	Ian Foster	Hereford Triathlon Club	MV45	48.22
76	Roxy Woodfield ***	Croft Ambrey R.C.	S.F.	48.23
77	James Vidler	Wye Valley Runners	MV55	48.42
78	Steph Main ***	Croft Ambrey R.C.	FV45	48.45
79	Aisling Freeth ***	Hereford Couriers	S.F.	48.51
80	Kevin Barnes	Hereford Couriers	MV55	49.07
81	Kerry Wathen ***	Hereford Couriers	FV35	49.18

Pos	Name	Club	Cat	Time
82	Laura Seal ***	Wye Valley Runners	S.F.	49.2
83	Ian Dyson	Malvern Joggers	MV55	49.46
84	Matt Clark	Hereford Triathlon Club	S.M.	49.51
85	Guy Whitmarsh	Croft Ambrey R.C.	MV70	49.55
86	Nigel Jones	Wye Valley Runners	MV60	50.04
87	Lynne Compton ***	Wye Valley Runners	FV50	50.3
88	Gunvor Troelsen ***	Builth & District R.C.	FV50	50.38
89	Nicola Goodwin ***	Hereford Triathlon Club	FV40	50.47
90	Kelly Murray ***	Hereford Couriers	S.F.	50.59
91	Saul Phillips	Ludlow Runners	S.M.	51.08
92	Paul Parker	Ludlow Runners	MV45	51.09
93	Ashley Robinson	Croft Ambrey R.C.	MV65	51.18
94	Joanne Tilby ***	Croft Ambrey R.C.	FV35	51.2
95	Jo Marriott ***	Croft Ambrey R.C.	FV50	51.25
96	Jon Edwards	Hereford Couriers	S.M.	51.26
97	Mark Walker	Malvern Joggers	MV55	51.27
98	Ian Gray	Monross TrailBlazers	MV55	51.32
99	Roger Sheriff	Malvern Joggers	MV50	51.37
100	John Gibson	Hay Hotfooters	MV65	51.59
101	Jo Ellis ***	Wye Valley Runners	FV40	52.07
102	Samantha Harper ***	Croft Ambrey R.C.	FV40	52.48
103	Victoria Woodhall ***	Hereford Couriers	FV40	53.21
104	Emily Davies ***	Wye Valley Runners	FV35	54.2
105	Lucy Wilding ***	Croft Ambrey R.C.	S.F.	54.35
106	Kerry Martin ***	Croft Ambrey R.C.	FV35	54.48
107	Aderyn Carter ***	Hay Hotfooters	J.F.	55.25
108	Charlie Barlow ***	Hay Hotfooters	S.F.	56.36
109	Becky Humphreys ***	Wye Valley Runners	S.F.	56.42
110	Carol Powell ***	Croft Ambrey R.C.	FV45	57.25
111	Liam Daly	Builth & District R.C.	MV55	57.46
112	Lucy Head ***	Hereford Triathlon Club	FV35	57.52
113	Georgina Fletcher ***	Maldwyn Harriers	FV55	57.54
114	Louise Ainger ***	Wye Valley Runners	FV35	58.13
115	Victoria Dickinson ***	Croft Ambrey R.C.	FV50	59.18
116	Pat Brister ***	Hay Hotfooters	FV65	59.28
117	Nicola Kelly ***	Builth & District R.C.	FV45	59.53
118	Tina Lavelle ***	Hay Hotfooters	FV60	61.08
119	Susannah English ***	Hay Hotfooters	FV60	61.49
120	Louise Reeves ***	Croft Ambrey R.C.	FV40	63.44
121	Kim Tomkinson ***	Hereford Triathlon Club	S.F.	64.02
122	Bryan Markham	Croft Ambrey R.C.	MV75	72
123	David Haynes	Ludlow Runners	MV75	83.52